

COVID-19 EMS Fitness for Duty Assessment

EMS Personnel Fitness for Duty Assessment Guideline

Purpose: This guideline outlines the appropriate procedure for performing a self and pre-shift assessment of potential illness and fitness for duty of EMS personnel.

Criteria: All EMS personnel must perform this assessment at the beginning of the shift. If there is a change in condition, refer to this guideline for additional guidance as well.

Procedure:

Assessment Items

All EMS personnel should assess themselves and their partner(s) for:

- Subjective fever or measured temperature >100.4°F or 38.0°C
- Respiratory symptoms (except isolated rhinorrhea)
- Excessive fatigue
- Other signs or symptoms that may impact the ability to perform expected work duties

Self-Assessment

Prior to arriving for a shift, EMS personnel should evaluate themselves for the assessment items above. If any are positive, follow "Positive Screen" procedure below.

Pre-Shift Assessment

Upon initiation of a shift, EMS personnel on a shift and/or their supervisors should assess each other for the assessment items above. If any are positive at the beginning or at any point during the shift, follow "Positive Screen" procedure below.

Positive Screen

If any assessment items are positive, EMS personnel should:

1. Cease patient care activities.
2. Don a facemask (if not already wearing).
3. Notify their supervisor or occupational health services prior to leaving work as per agency policy.
4. Self-isolate.

Return to Work

For any employee who has been determined to not be fit for duty they will be able to return to work as determined by their occupational health provider and/or their supervisor. Refer to CDC and Pennsylvania Department of Health guidelines.