

# GUIDANCE ON HOME ISOLATION OR QUARANTINE AND RETURNING TO WORK AFTER COVID-19 EXPOSURE\*

I HAVE COVID-19 AND DON'T WORK IN HEALTH CARE

Stay home for at least 7 days after symptoms start AND you are fever free for 72 hours



I may return to work

I HAVE COVID-19 AND I WORK AS A HEALTHCARE PROVIDER

Stay home for at least 7 days after symptoms start AND you are fever free for 72 hours with respiratory improvement



I may return to work, but I MUST:

Wear a facemask at all times

Avoid transplant and hematology patients for 14 days

Adhere to infection control guidance

Self monitor for worsening symptoms

SOMEONE IN MY HOUSEHOLD HAS COVID-19

Self-isolate at home



Do I get sick?

Yes

Follow the "I have COVID-19" chart

No

I must self isolate for 14 days AFTER person in household is released from isolation

I may return to work

SOMEONE I WORK WITH, AND CAME INTO CLOSE CONTACT WITH (WITHIN 6 FEET FOR SEVERAL MINUTES) HAS COVID-19

Self-isolate at home for 14 days



Do I get sick?

Yes

Follow the "I have COVID-19" chart

No

I may return to work

\*After following the DOH quarantine guidelines, check with your employer before returning to work.